



Troy's California Trail Runs

Troy Limb PO Box 20952 San Jose CA 95160 (530) 409-2989
web: www.tctruns.com email: troy@TCTruns.com

Cody Lake Sierra Trail Challenge

Date: Saturday, June 08, 2019

Time: 8:30 am – 13.1 miles, 9 miles, 10k, and 5k runs

Location: Strawberry Lodge 17510 Hwy 50, Kyburz CA 95720

Course: **13.1** 50% dirt roads, 50% single track, very hilly, awesome country, challenging with technical sections and rocky sections; covers most of the park; **4 aid stations.**
10k 75% dirt roads, 25% single track; very hilly, steep climbs, tough course, lots of great runnable sections, very enjoyable, **3 Aid stations.**
5k 100% dirt road, very hilly, steep climbs, tough course, very rewarding, great downhill run to the finish; **1 Aid Station.**

Aid: 4 fully stocked aid stations

Directions: HWY 50 to *Kyburz*

Entry Fee: \$60/Half Marathon \$55/9 miles \$45/10k \$40/5k

Check or money order to: **TCTRuns**

Mail application and fee to: **TCTRuns PO Box 20952 San Jose CA 95160**

Entry fees are non-refundable unless event is canceled. T-shirt cost, \$20 is non-refundable even if the event is canceled but you get the T-shirt.

Information: **PEntry fees are non-refundable unless event is canceled. Pre-registered runners qualify to purchase a T-shirt for an additional \$20 if they register at least 10 days (two Wednesdays) before the Saturday events. ***
Applications must be received by the Wednesday before the event.
Active Military receive a 15% discount.



Cody Lake Sierra Trail Challenge Application

Event Entered: Half Marathon 9mi 10k 5k (circle one) T-shirt YES or NO (circle one) *
see above Amount Enclosed: _____

Name: _____

Birthday: _____ Sex: M F

Address: _____

City, State, Zip _____

Phone: _____

E-Mail: _____

T-shirt Size Men's S M L XL Women's S M L

Waiver: I understand this entry contains limitations of my legal rights. I understand that I must be in the United States legally in order to participate in this event. In consideration of the acceptance of my entry, I do hereby, for myself and my heirs, executors and administrators, release and discharge Troy's California trail Runs, any and all sponsors and their representatives, successors, volunteer groups, advertisers, employees and individuals, USATF, and Federal, State and Local government or private parties on whose property this event may be run, responsibility any and all injuries or even death suffered by the participant due to participation in the event. I am physically fit and sufficiently trained for this event and assume all risks of such participation. I accept all rules, conditions and regulations and will comply with them. I understand that if the race is cancelled I may not receive a refund. I grant permission to race management to use any photographs, recordings or other records of this event for any legitimate purpose. Entry is not transferable.

Signature: _____

Date: _____

Guardian's Signature: _____

Date: _____